

**XISHAN PRIMARY SCHOOL**  
**CCE – TERM 1 SOW (2026)**  
**PRIMARY 2**

Wk	Date	Theme	Lesson	Value Focus	Keep C.A.L.M & Give	E21CC Competencies	Lesson Objectives	Teaching Resources <a href="#">!:\(11) CCE\CCE(MTL &amp; EL) LESSONS SOW &amp; RESOURCES\2026 CCE SOW</a>
2	12/01 - 16/01	Unit 1: A Better and Happier Me	<b>Lesson 1:</b> Deciding What to Do First	<ul style="list-style-type: none"> <li>• <b>Respect</b> for self and others</li> <li>• Positive and optimistic outlook</li> <li>• Appreciate self and every individual for who he or she is</li> </ul>	<b>Keep Learning: Learning for Life</b> When we prioritise, we decide on which task we should do first.	<ul style="list-style-type: none"> <li>▪ <b>Critical Thinking</b></li> <li>▪ <b>Communication Skills</b></li> <li>▪ <b>Civic Literacy</b></li> <li>▪ <b>Adaptive Thinking</b></li> <li>▪ <b>Collaboration Skills</b></li> </ul>	Students learn about the importance of prioritising what needs to be done.	<ul style="list-style-type: none"> <li>✚ Journal: pg 1</li> <li>✚ Lesson Plan</li> <li>✚ PPT Slides</li> </ul>
3	19/01 - 23/01		<b>Lesson 2:</b> Focus for Success		<b>Keep Learning: Learning for Life</b> Staying focused helps us finish tasks well.	<ul style="list-style-type: none"> <li>▪ <b>Critical Thinking</b></li> <li>▪ <b>Adaptive Thinking</b></li> <li>▪ <b>Communication Skills</b></li> <li>▪ <b>Civic Literacy</b></li> <li>▪ <b>Collaboration Skills</b></li> </ul>	Students learn that to complete a task well, they need to focus and not be easily distracted.	<ul style="list-style-type: none"> <li>✚ Journal: pg 2-4</li> <li>✚ Lesson Plan</li> <li>✚ PPT Slides</li> <li>✚ Annex A</li> <li>✚ Video</li> </ul>
4	26/01 - 30/01		<b>Lesson 3:</b> Finding Joy in What We Do		<b>Keep Learning: Learning for Life</b> Finding joy makes us happy and relaxed through connections with others and our surroundings.	<ul style="list-style-type: none"> <li>▪ <b>Civic Literacy</b></li> <li>▪ <b>Critical Thinking</b></li> <li>▪ <b>Communication Skills</b></li> <li>▪ <b>Collaboration Skills</b></li> <li>▪ <b>Adaptive Thinking</b></li> </ul>	Students learn how to find joy in the things they do.	<ul style="list-style-type: none"> <li>✚ Journal: pg 5</li> <li>✚ Lesson Plan</li> <li>✚ PPT Slides</li> </ul>
5	02/02 - 06/02	Unit 2: One Step at a Time	<b>Lesson 1:</b> Feelings Can Change Over Time	<ul style="list-style-type: none"> <li>• <b>Care</b> for self/self-compassion</li> <li>• Positive and optimistic outlook</li> </ul>	<b>Keep Learning: Learning for Life</b> Feelings can change over time, and we can seek help from trusted adults when needed.	<ul style="list-style-type: none"> <li>▪ <b>Critical Thinking</b></li> <li>▪ <b>Communication Skills</b></li> <li>▪ <b>Civic Literacy</b></li> <li>▪ <b>Adaptive Thinking</b></li> <li>▪ <b>Collaboration Skills</b></li> </ul>	Students learn that their feelings about a situation may change over time.	<ul style="list-style-type: none"> <li>✚ Journal: pg 6-8</li> <li>✚ Lesson Plan</li> <li>✚ PPT Slides</li> </ul>

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6	09/02 - 13/02	Unit 2: One Step at a Time	Lesson 2: Expressing Feelings in Challenges	<ul style="list-style-type: none"> <li>• <b>Resilience</b> in the face of challenges</li> <li>• Belief that one's abilities can be developed through dedication and effort</li> </ul>	<b>Keep Learning: Learning for Life</b> <b>Connect: Connectedness with Others</b> Sharing feelings helps others understand and support us with challenges we can't handle alone.	<ul style="list-style-type: none"> <li>▪ <b>Communication Skills</b></li> <li>▪ <b>Civic Literacy</b></li> <li>▪ <b>Critical Thinking</b></li> <li>▪ <b>Collaboration Skills</b></li> <li>▪ <b>Adaptive Thinking</b></li> </ul>	Students learn the importance of communicating their feelings and thoughts when facing challenges.	<ul style="list-style-type: none"> <li>✚ Journal: pg 9</li> <li>✚ Lesson Plan</li> <li>✚ PPT Slides</li> <li>✚ Annex A</li> <li>✚ Video</li> </ul>
7	16/02 - 20/02							
8	23/02 - 27/02		Lesson 3: Managing Challenges Step by Step	<ul style="list-style-type: none"> <li>• <b>Care</b> for self/self-compassion</li> <li>• Positive and optimistic outlook</li> </ul>	<b>Keep Learning: Learning for Life</b> Taking one step at a time helps us stay focused when facing overwhelming challenges	<ul style="list-style-type: none"> <li>▪ <b>Critical Thinking</b></li> <li>▪ <b>Adaptive Thinking</b></li> <li>▪ <b>Collaboration Skills</b></li> <li>▪ <b>Communication Skills</b></li> <li>▪ <b>Civic Literacy</b></li> </ul>	Students learn how to manage their challenges by taking one step at a time.	<ul style="list-style-type: none"> <li>✚ Journal: pg 10</li> <li>✚ Lesson Plan</li> <li>✚ PPT Slides</li> <li>✚ Video</li> </ul>
9	02/03 - 06/03	Unit 3: I Can Make a Difference	Lesson 1: The Influence of Others	<ul style="list-style-type: none"> <li>• <b>Respect</b> for others</li> <li>• <b>Responsibility</b> towards others</li> <li>• <b>Care</b> for others' thoughts, feelings and concerns/needs</li> </ul>	<b>Connect: Connectedness with Peers</b> We are influenced by others when we choose to follow their words and actions.	<ul style="list-style-type: none"> <li>▪ <b>Civic Literacy</b></li> <li>▪ <b>Communication Skills</b></li> <li>▪ <b>Critical Thinking</b></li> <li>▪ <b>Collaboration Skills</b></li> <li>▪ <b>Cross-Cultural Literacy</b></li> </ul>	Students learn that people around them can have an influence on them.	<ul style="list-style-type: none"> <li>✚ Journal: pg 11-12</li> <li>✚ Lesson Plan</li> <li>✚ PPT Slides</li> <li>✚ Video</li> </ul>
10	09/03 - 13/03		Lesson 2: Being a Positive Influence	<ul style="list-style-type: none"> <li>• Empathy</li> <li>• <b>Harmony</b></li> </ul>	<b>Connect: Connectedness with Peers</b> <b>Be Active: Becoming an Active Agent of Change</b> We can be good examples for others to follow.	<ul style="list-style-type: none"> <li>▪ <b>Civic Literacy</b></li> <li>▪ <b>Communication Skills</b></li> <li>▪ <b>Critical Thinking</b></li> <li>▪ <b>Collaboration Skills</b></li> <li>▪ <b>Cross-Cultural Literacy</b></li> </ul>	Students learn that they can be a positive influence by being good examples to others.	<ul style="list-style-type: none"> <li>✚ Journal: pg 13</li> <li>✚ Lesson Plan</li> <li>✚ PPT Slides</li> </ul>

<b><u>Term 1 Public/School Holidays:</u></b>	☆ <i>New Year's Day (W1, 01 Jan)</i> ☆ <i>Chinese New Year School Holiday (W7, 17 &amp; 18 Feb)</i>
<b><u>Remarks:</u></b>	☆ <i>Total Defence Day (W6, 13 Feb)</i>